



HIGH CALORIE MULTIFRUIT



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WHAT ARE THE CALORIES?

- A calorie is a unit of energy. In nutrition, calories refer to the energy people get from the food and drink they consume, and the energy they use in physical activity.
- All kids can benefit from eating a healthy, balanced diet that includes the right number of calories — not too many, not too few.







HOW MANY CALORIES DO KIDS NEED?

- The amount of calories that a child needs depends on both his age and weight in kilograms, and it is around 1800- 2200 kcal per day.
- Children's brains consume a lot of energy, between 44 and 87%
The brain reaches full development stage by the age of five. From the age of five, the child's physical growth starts for which proper supply of vitamins and minerals is essential.





CALORIES AND NATURAL SUGAR

- All fruits contain a range of nutrients that are beneficial for the body in various ways. They are the perfect sources to get one's daily dose of minerals and vitamins. Fruits should be included in children's diet to make them reap their benefits.
- Fruits and vegetables: they are rich in colored pigments, water, vitamins and minerals and are also good sources of fiber, sans high calories. A child should consume 5 portions of fruits and vegetable every day.



HIGH CALORIE MULTIFRUIT



Product: High Calorie Multifruit Concentrate

Code: MXD845

Ingredients:

Fruit concentrates (orange, mango, kaki), deionized fruit, lemon juice (as pH regulator), natural aroma

Parameters:

°Brix 72.0 - 74.0

Acidity (%ACA) 1.3 - 2.3

pH 4.0 max.

TYPICAL NUTRITIONAL INFO (per 100 ml)

Energy (KJ/Kcal)	1252.9/299.3
Fats	0.2 (g)
of which saturates	0.0 (g)
Carbohydrates	73.6 (g)
of which sugars	69.0 (g)
Protein	0.6 (g)
Fibre	0.3 (g)
Salt	2.8 (mg)
Vitamin C (L-ascorbic)	90.0 (mg)



STANDOUT

300 kcal/100 gr of this product is around the 15% recommended as the minimum daily intake by the World Health Organization in children between age 5-17.

100 g of multifruit concentrate provides 90 mg or 300 % of recommended daily requirements of Vitamin C for children.



BENEFITS

- **Provides immune support:**

Protection against immune system deficiencies and cure for the common cold.

- **Bones health:** Essential for the body to make collagen: contributes to normal function of bones, blood vessels, cartilage, gums, skin, teeth...

- **Prevent anemia by** helping in the absorption of iron.

- Its mineral content contributes to **normal functioning of the nervous system**

- Helps control blood sugar levels: fruit fiber — particularly soluble fiber — can slow the absorption of sugar and help improve blood sugar levels.

- Aid digestion

- Very low in Saturated Fat and Cholesterol



LOGISTIC



CARTON BOX

Box Content: 5 L

Size: 200 x 140 x 133

JERRY CAN

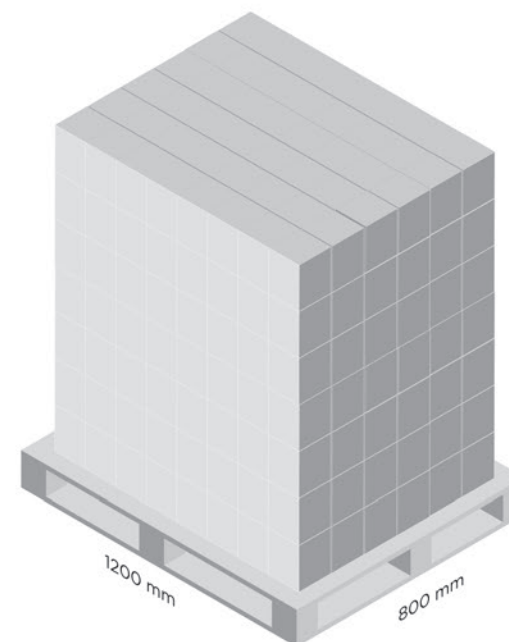
Content: 5 L

PALLETIZATION

Size: 1120 x 800

Unit Box: 6 x 8 x 7

Total Box: 336





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